# Raise happily independent children You've got this! Proven, positive parenting strategies to help every family Now free in Wisconsin CONFIDENTLY HANDLE CHALLENGES AND HELP CHILDREN REACH THEIR POTENTIAL Parenthood is full of ups and downs. You want to feel more confident and less stressed as you guide your child's behavior, wellbeing and development. With our online positive parenting support, you can build your child's life skills and help the whole family stay calm and positive. With Triple P Online, you can:

- Create the best space for your child's development.
- Nurture positive behavior and build a stronger bond.
- Feel peace of mind in handling each new age, stage and situation.
- Learn simple strategies, backed by proven methods.

# Free support for your positive parenting journey

Now, you can do Triple P programs online, at no cost. Turn challenges into opportunities with positive parenting support that really works! Partners and family members can also sign up, so everyone's on the same page and there's less conflict.

- Easy-to-use online programs with videos and fun, interactive learning.
- Each module only takes about an hour or less. You can do just a few minutes at a time.
- Do it on your phone, computer, or tablet, when it works best for you.

# The Triple P – Positive Parenting Program® includes the following online programs:

### **TRIPLE P ONLINE**

For parents/caregivers of children under 12 years old.

- Guide your child's behavior.
- Help your child learn to manage their emotions.
- Calmly solve problems and enjoy being a parent.

# **TEEN TRIPLE P ONLINE**

For parents/caregivers of pre-teens and teens aged 10 years and older.

- Guide your teen's development.
- Helpfully respond to problems.
- Promote key life skills.



### START TODAY - IT'S COMPLETELY FREE!

Triple P online programs are FREE to all parents and caregivers in the State of Wisconsin

## Register now:

triplep-parenting.com/wisconsin





